Ages 3–5
**All About Me: My Body**
Learn about the major parts of the body by taking a closer look at objects in the Museum that feature the human form. Discover how different body parts help us do different things while moving and singing in the galleries.
Activity: Create a miniature human sculpture.
Instructor: Antonio Mendéz

Ages 6–8
**Science and Art Combined: Abstract Art**
Learn about abstract art and how it was an innovative movement within the art world. Consider the creativity employed by the abstract expressionists to inspire your own innovative art making.
Activity: Use science to make an abstract painting! Apply watercolor and salt, and tape off the paper to create a Mondrian-inspired piece.
Instructor: Alanna Woodlock

Ages 9–11
**The Five Senses: Sight**
Take a closer look at visual elements within art and brainstorm how artists may play tricks on our eyes or draw our eye to a specific aspect of their work.
Activity: Create a sketch or acrylic painting using 3-point perspective, scale, and color.
Instructor: Sarah Moriarty

Teens
**Essential Elements of Art: Line**
In the galleries, look at lines found within art of all kinds, from ancient sculpture to Agnes Martin. Explore how artists employed lines into their work and within their creative process.
Activity: Create a collaborative piece inspired by the lines of Sol LeWitt.
Instructor: Gianna Stewart
Ages 3–5

**All About Me: My Family**
View family portraits in the Museum’s collections while thinking about family dynamics. Who is in your family? Who might be in other families?
Activity: Create a portrait of your close family members.
Instructor: Antonio Mendéz

Ages 6–8

**Science and Art Combined: The Natural World and Art**
Explore how artists draw inspiration from the outside world by viewing and reflecting upon pieces from the Museum's collections. What symmetry, colors, and shapes can you find?
Activity: Create a landscape drawing using bark, leaves, sticks, rocks, and other natural elements.
Instructor: Alanna Woodlock

Ages 9–11

**The Five Senses: Touch**
Consider the physical art making process while taking a closer look at ancient sculptures and landscapes. Discover how art can be directly related to our sense of touch.
Activity: Add textures to your own clay sculpture.
Instructor: Sarah Moriarty

Teens

**Elements of Art: Shape and Space**
Explore how artists bend shape and space to their will. Discover the physicality of shape and space, and think about why artists may use these elements to depict meaning.
Activity: Create your own wire sculptures.
Instructor: Gianna Stewart
Ages 3–5
**All About Me: Friends and Feelings**
Explore and discuss how people portrayed in artwork might remind you of your friends. Learn more about your relationships and feelings by establishing familiarity with vocabulary and concepts related to expressing feelings.
Activity: Create a relief sculpture of a face with a facial expression.
Instructor: Antonio Mendéz

Ages 6–8
**Science and Art Combined: Technology and Art**
Learn about how artists use technology to make innovative works of art while taking a closer look at a few pieces on view in the galleries.
Activity: Collaborate with peers to develop a secret code that directs a color-seeking ozobot robot along a path.
Instructor: Alanna Woodlock

Ages 9–11
**The Five Senses: Smell**
From bowls of fruit to a barn, smell is easy to identify in works of art. Consider what particular smells stand out to you when looking at art and identify what visual elements contribute to this sensation.
Activity: Create a detail-oriented painting by using color and shade to present a realistic image of something that has a strong scent.
Instructor: Sarah Moriarty

Teens
**Elements of Art: Value**
Discover how contrasting highlights and shadows are wielded by artists to create dynamic compositions. View works by John Singer Sargent and John Singleton Copley in the galleries and then take time to sketch them.
Activity: Create a monochromatic composition in value scales.
Instructor: Gianna Stewart
Ages 3–5

**All About Me: Food**
Learn about different types of fruits, vegetables, and foods while viewing objects in the Museum’s collections. Discover how fruits and vegetables grow and how food is used in different cultures.
**Activity:** Sculpt a coil pot out of clay to hold pretend food.
**Instructor:** Antonio Mendéz

Ages 6–8

**Science and Art Combined: Art in Motion**
Most of the art we see in the Museum is stationary, however, there are a few pieces that move.
Join us on a scavenger hunt as we search for pieces that rotate, roll, and pop!
**Activity:** Create your own mobile using wire, colorful paper, and mixed media to demonstrate balance and motion.
**Instructor:** Alanna Woodlock

Ages 9–11

**The Five Senses: Sound**
Explore the Museum’s collection of musical instruments, paintings of the opera, and artwork depicting lively scenery to learn about the role that sound plays in art.
**Activity:** Create your own drum or box guitar.
**Instructor:** Sarah Moriarty

Teens

**Elements of Art: Form and Texture**
Form and texture are essential elements of art. Discover how these elements can make or break a sculpture in the galleries.
**Activity:** Create a textured form using paper mache.
**Instructor:** Gianna Stewart
Ages 3–5
All About Me: My Community
Explore artwork that represents communities and community helpers while discussing what makes a community and what you have in yours.
Activity: Design your own community using collage and recycled materials.
Instructor: Antonio Mendéz

Ages 6–8
Science and Art Combined: Colors and Chemistry
There are so many colors in the world, but some can be more difficult to make than others. Learn about chemical reactions and how they help make vibrant and electric colors for paint and dye.
Activity: Mix your own paint and use it to create an artwork of your own!
Instructor: Alanna Woodlock

Ages 9–11
The Five Senses: Taste
Explore artwork depicting food while thinking about the visual elements that express how the food may taste in real life.
Activity: Create a miniature sculpture of food using edible materials.
Instructor: Sarah Moriarty

Teens
Elements of Art: Color
Learn about color theory and the value of color in art while discovering how the Impressionists crafted color relationships to convey dynamic compositions.
Activity: Paint the sculpture you created on October 18.
Instructor: Gianna Stewart
PACKAGE 2
November 1, 2019, 2:30 PM–4:00 PM

Ages 3–5
**The Natural World: Animals**
Explore the Museum in search of animals in paintings and sculptures. Discover how animals are depicted in different art mediums.
Activity: Create an animal sculpture of your own using clay and mixed media.
Instructor: Antonio Mendéz

Ages 6–8
**Ancient Civilizations: Ancient China**
Explore the Museum’s collection of ancient Chinese art. Learn about what life might have been like during this time period while taking a closer look at works made out of porcelain.
Activity: Use blue paint to decorate your own white vase or plate.
Instructor: Alanna Woodlock

Ages 9–11
**Sense of Self: Self-Portraits**
Learn about the various elements of portraiture while thinking about the decisions artists make when deciding how to represent themselves and others in a work of art.
Activity: Paint your own self-portrait on canvas, adding details to make it uniquely you!
Instructor: Sarah Moriarty

Teens
**Portfolio Building: The Figure**
Learn about the fundamentals of figure drawing while taking a closer look at 19th-century figures in the Museum’s collection.
Activity: Create a figure drawing of your very own!
Instructor: Gianna Stewart
Ages 3–5
**The Natural World: Plants and Trees**
Learn about how plants grow while taking a closer look at floral arrangements on view in the Museum as well as artwork that represents trees, flowers, and plants.
Activity: Create colorful 3D flowers using paper and mixed media.
Instructor: Antonio Mendéz

Ages 6–8
**Ancient Civilizations: Islamic Cultures and the Middle East**
Discover ancient Islamic art from civilizations in the Middle East, the Ottoman Empire, and Iran while thinking about the similarities and differences between Islamic art and other civilizations.
Activity: Decorate tiles inspired by the calligraphic and floral motifs found in traditional Islamic designs.
Instructor: Alanna Woodlock

Ages 9–11
**Sense of Self: Gender**
Explore how different genders have been represented in the past and how some artists consider gender in contemporary work.
Activity: Inspired by another piece in the Museum's collection, create your own work of art, changing the gender or clothing of the person in the painting.
Instructor: Sarah Moriarty

Teens
**Portfolio Building: The Figure**
Take a closer look at the works of John Singleton Copley and his contemporaries and learn how they focused on faces in their work.
Activity: Create a charcoal drawing of a face, focusing heavily on proportions.
Instructor: Gianna Stewart
Ages 3–5
**The Natural World: Water and Sea Life**
Explore the galleries in search of artwork that represents animals found in lakes, ponds, rivers, and oceans. Learn more about the world under water and the animals that live there.
Activity: Create an underwater world with aquatic life using watercolors and crayon resist.
Instructor: Antonio Mendéz

Ages 6–8
**Ancient Civilizations: Mesopotamia**
Take a closer look at artwork from one of the first civilizations in the world, including the oldest work of art in the Museum’s collection, to discover what Mesopotamian art looks like and what other types of art it may remind us of.
Activity: Create a cylinder seal, then use it to roll your design into a slab of clay.
Instructor: Alanna Woodlock

Ages 9–11
**Sense of Self: Fashion!**
For centuries, fashion has been a way for people to express themselves. Take a closer look at paintings and sculptures in the MFA’s collection while thinking about what the subjects’ fashion choices might or might not say about them. Are our perceptions always accurate?
Activity: Design your own t-shirt using fabric markers, paint, and iron-on transfers.
Instructor: Sarah Moriarty

Teens
**Portfolio Building: The Figure**
Take a closer look at sculptures from ancient Greece while discussing the techniques artists employed to create their sculptures.
Activity: Use wire and wood to create the form for a figure.
Instructor: Gianna Stewart
Ages 3–5
**The Natural World: The Sky**
View objects that showcase the sky, clouds, stars, and the sun to inspire a discussion about light and colors. Learn about some of the different types of clouds and why the sky looks different at different times of the day.
Activity: Create a sky-themed suncatcher using transparent art materials.
Instructor: Antonio Mendéz

Ages 6–8
**Ancient Civilizations: Ancient Nubia**
Explore the powerful African civilization of Nubia and learn about its powerful influence on art.
Activity: Create jewelry inspired by the work on view in “Ancient Nubia Now.”
Instructor: Alanna Woodlock

Ages 9–11
**Sense of Self: Abstract Expressionism**
Learn about the Abstract Expressionist movement while taking a closer look at paintings featuring big, bold brush strokes and unique designs centered around the artists’ personal experiences.
Activity: Create artwork that depicts a feeling or experience you’ve had using bright colors, shapes, and big, bold brush strokes.
Instructor: Sarah Moriarty

Teens
**Portfolio Building: The Figure**
Take a closer look at the sculptures in the Museum’s rotunda while learning about their importance and the techniques the artists used to sculpt human figures.
Activity: Add plasticine clay to your form to create the details of a bust or figure.
Instructor: Gianna Stewart
Ages 3–5
**The Natural World: Birds**
Explore artwork throughout the Museum that represents our friends from the air! Learn all about how birds fly, what they do, and where they live.
Activity: Create a mobile featuring different types of birds.
Instructor: Antonio Mendéz

Ages 6–8
**Ancient Civilizations: Roman Empire**
Take a closer look at the art of ancient Rome and discover what we can learn about how people lived over 2,000 years ago.
Activity: Use red and black paint to decorate clay pots in the style of the ancient Romans.
Instructor: Alanna Woodlock

Ages 9–11
**Sense of Self: Home is Where the Artist Is**
Artists have been, and continue to be, inspired by their homes. Communities, backyards, and favorite rooms can all lend themselves as inspiration in the artistic process. Discover some of the places that artists have drawn inspiration from and see how they translate these spaces into their work.
Activity: Create a window view of a favorite spot in your home using drawing materials, colorful paper, transparent sheets, and mixed media.
Instructor: Sarah Moriarty

Teens
**Portfolio Building: The Figure**
Learn about Japanese buddhist sculptures and Chinese Bodhisattva while taking a closer look at the figurative works from Japan and China.
Activity: Continue to craft your plasticine figure and bust.
Instructor: Gianna Stewart
Ages 3–5
**A World of Homes**
Discover what makes a house a home while taking a closer look at some of the MFA’s period rooms and artwork that represents homes from around the world.
Activity: Use a variety of materials to build and paint model houses of different sizes, styles, and colors.
Instructor: Antonio Mendéz

Ages 6–8
**Materials of Contemporary Artists: Textiles and Threads**
Explore how textiles and threads can be used to create artwork in addition to fashion designs.
Activity: Discover how wool is spun and dyed and then create a hanging piece of art using yarn.
Instructor: Alanna Woodlock

Ages 9–11
**Landscapes: The Artist in Nature**
Search for animals, landscapes, and seascapes in drawings, paintings, and sculptures in the Museum’s collection. Discover how artists have taken inspiration from the natural world.
Activity: Create your own nature sketchbook and fill it with some observational sketches and drawings.
Instructor: Sarah Moriarty

Teens
**Powerful Women Artists**
Explore the galleries and find art from all over, from the ancient world to the Renaissance.
Search for powerful female figures and symbols in the objects that you see.
Activity: Create an empowering self-portrait.
Instructor: Gianna Stewart
PACKAGE 3
December 20, 2019, 2:30 PM–4:00 PM

Ages 3–5
Celebrations
Take a closer look at artwork that depicts some of the many different ways that people get together to celebrate, then share some of our own celebratory experiences!
Activity: Create a hanging banner with your name or a word that reminds you of a celebration.
Instructor: Antonio Mendéz

Ages 6–8
Materials of Contemporary Artists: Printmaking
Learn about different printmaking techniques and discover how contemporary artists have used these practices to reproduce handmade artworks.
Activity: Create your own limited-edition print!
Instructor: Alanna Woodlock

Ages 9–11
Landscapes: Colors in Nature
Are trees really green? Is the ocean really blue? What other colors can you see? Discover how artists often use unexpected colors to bring a sense of life to their art.
Activity: Using watercolors, paint your own vibrant landscape.
Instructor: Sarah Moriarty

Teens
Powerful Women Artists
Explore “Women Depicting Women: Her Vision, Her Voice,” a gallery in the exhibition “Women Take The Floor.” Discuss how artists like Frida Khalo and Alice Neel depict other women in their work.
Activity: Continue painting your empowering self portrait with the viewer in mind.
Instructor: Gianna Stewart
Ages 3–5
**Transportation**
Learn how people move from one place to another while taking a closer look at artwork that depicts a variety of modes of transportation.
Activity: Create a car using wire and paper mache
Instructor: Antonio Mendéz

Ages 6–8
**Materials of Contemporary Artists: Photography**
Learn about the invention of photography and discover how it completely changed the art-making process.
Activity: Think like a photographer and use digital cameras to take stylistic pictures in the galleries.
Instructor: Alanna Woodlock

Ages 9–11
**Landscape: Impressionist/Abstract**
Explore Impressionist and abstract landscapes in the Museum’s collection while thinking about some of the emotions or feelings these pieces evoke.
Activity: Use acrylics to paint an impressionist landscape on a piece of wood.
Instructor: Sarah Moriarty

Teens
**Powerful Women Artists**
Learn about artists who doubled as entrepreneurs by founding printmaking workshops in the 1950s and ’60s that revitalized the craft in America.
Activity: Create Gelli prints.
Instructor: Gianna Stewart
Ages 3–5

**Music and Dance**
Take a look at objects featuring musical instruments and dancing! Learn about a variety of instruments and how they are played while thinking about the sounds they make.
Activity: Create a box guitar and decorate it with stamps.
Instructor: Antonio Mendéz

Ages 6–8

**Materials of Contemporary Artists: Plastic**
Learn about how plastic was invented and caused a revolution in style and design, changing the way art is made in the modern world.
Activity: Create colorful sculptures using plastic materials.
Instructor: Alanna Woodlock

Ages 9–11

**Natural Light**
How do artists show us their understanding of natural light through their work? Consider this question while looking at paintings and stained glass in the galleries.
Activity: Create sun catchers to hang in your window using tissue paper, colorful cellophane, and transparent media.
Instructor: Sarah Moriarty

Teens

**Powerful Women Artists**
Explore prints on display in “Women Take The Floor” and learn about the reduction print process.
Activity: Create multi-color editions of prints using the linocut reduction process.
Instructor: Gianna Stewart
Ages 3–5  
**Ships and Boats**  
Explore the galleries in search of ships and boats while learning about the different sizes, types, and uses for each of them.  
Activity: Create a floating wooden boat!  
Instructor: Antonio Mendéz

Ages 6–8  
**Materials of Contemporary Artists: Found Objects**  
Explore everyday objects that artists have used to make their own masterpieces, and think about objects you may find in your home, on a walk, or even in the trash that could be used to create art.  
Activity: Turn a selection of everyday items into extraordinary works of your own creation!  
Instructor: Alanna Woodlock

Ages 9–11  
**Natural Materials**  
Learn how artists often use natural materials in their work while taking a closer look at examples on view in the galleries.  
Activity: Create sculptures using natural materials such as sticks, leaves, and rocks.  
Instructor: Sarah Moriarty

Teens  
**Powerful Women Artists**  
Explore works by pioneering fiber masters Lenore Tawney, Sheila Hicks, and Olga de Amaral. Learn about how these artists radically redefined textiles in the 1960s and '70s with monumental sculptures.  
Activity: Create a loom and use warp and weft to establish your own weaving.  
Instructor: Gianna Stewart